





Past continuous: affirmative and negative

- 1 Yesterday Rachel was at a sport camp. Look at the information. Then write past continuous sentences. Use the verbs in the box.

cycle run ski swim

Sport camp	
2.00–2.30 p.m.	
2.30–3.00 p.m.	
3.00–4.00 p.m.	
4.00–4.30 p.m.	

- At 2.15 p.m. she _____.
- At 2.45 p.m. she _____.
- At 3.15 p.m. she _____.
- At 4.15 p.m. she _____.

2 Write negative past continuous sentences.

- Alex / go / school

- we / have / breakfast

- it / rain / this morning

- they / listen to / the teacher

3 Choose the correct words.

- Anna **did** / **was doing** her homework when I called.
- We **are** / **were** writing emails all yesterday afternoon.
- They **wasn't** / **weren't** chatting on the phone.
- Mum **wasn't** / **didn't** making lunch for us when we arrived early.
- He **didn't** / **wasn't** having a shower at 7.30.
- Why did you wake me up? I **was sleeping** / **slept**.

Past continuous: questions

- 4 Order the words to make questions about yesterday. Then answer the questions.

- 1 at 9 p.m. / were / your homework / you / doing / ?

_____?

- 2 sleeping / were / at 10 p.m. / you / ?

_____?

- 3 watching TV / at 8.30 p.m. / was / your family / ?

_____?

- 4 doing / you / at 5 p.m. / what / were / ?

_____?

Past simple and past continuous

- 5 Tick (✓) the correct sentence.

- a We were walking to the park when we saw our friends. ☐

b We walked to the park when we were seeing our friends. ☐
- a She swam in the river when she was cutting her foot. ☐

b She was swimming in the river when she cut her foot. ☐
- a I was doing my homework when the phone rang. ☐

b I did my homework when the phone was ringing. ☐
- a He was seeing the accident while he walked to school. ☐

b He saw the accident while he was walking to school. ☐
- a They were having dinner when I arrived. ☐

b They had dinner when I was arriving. ☐